

Exercise 4 – Education and Training

List three of the most useful mental health education and training activities you have completed in the last 6 years.

Rate them on a scale from one to five, on their usefulness for managing mental health disorders in general practice.

Useful Mental Health Activity	Usefulness Rating
1.	
2.	
3.	

Exercise 5 – Focussed Psychological Strategies

GPs already provide counseling to their patients. Are there any specific psychological strategies that you currently employ in providing these services to your patients?

Exercise 6 – Allied Health Services

List some of the services available in your area to provide psychological support and treatment.

Exercise 7 – Access to Psychiatrist Support

List some of the problems or issues for which you would like to access support from a psychiatrist.

Quiz

Question 1

To access incentive payments for the 3 Step Mental Health Process, GPs will need to complete the Familiarisation Training and mental health skills training.

True
or
False

Question 2

GPs can apply for Recognition of Prior Learning (RPL) for the Familiarisation Training.

True
or
False

Question 3

The requirements for the mental health skills training can be met by attending a course that has been accredited by the Standards Collaboration.

True
or
False

Question 4

The mental health skills training required to access the Focussed Psychological Strategies is in addition to the mental health skills training and the Familiarisation Training required to access the 3 Step Mental Health Process.

True
or
False

Question 5

The 3 Step Mental Health Process **must** be completed in three consultations.

True
or
False

Question 6

It is a requirement to use the prepared proformas in the delivery of the 3 Step Mental Health Process.

True
or
False

Question 7

On completion of the mental health plan, a written copy should be provided to the patient and a copy kept in the medical records.

True
or
False

Question 8

The new MBS item for the 3 Step Mental Health Process is claimed on completion of the assessment and mental health plan consultations.

True
or
False

Question 9

The Service Incentive Payment of \$150 for the 3 Step Mental Health Process is triggered when billing for the new Medicare item.

True
or
False

Question 10

Where a patient is seen for Focussed Psychological Strategies in addition to another condition on one occasion, GPs cannot claim for the two conditions separately and charge for two consultations.

True
or
False

Question 11

The access to allied psychological services component of the initiative is currently being rolled out through Divisions of General Practice.

True
or
False

Question 12

If a patient has complex needs beyond their mental health problem and requiring care from a multi-disciplinary team, then a Chronic Disease Management Team Care Arrangement can be used along side a 3 Step Mental Health Process.

True
or
False

Quiz Answers

Question 1

Answer - True

Question 2

Answer – False, but GPs can apply for RPL for the mental health skills training.

Question 3

Answer - True

Question 4

The mental health skills training required to access the Focussed Psychological

Answer – True

Question 5

Answer – False, 2 planned consultations of 20 minutes is the minimum requirement as multiple consultations may be required for any or all steps. As of 1 May 2005 the assessment and plan may be combined into the one visit if considered appropriate.

Question 6

Answer – False, use of the proformas for the 3 Step Mental Health Process is optional.

Question 7

Answer - True

Question 8

Answer – False, the new MBS item is claimed on completion of the 3 Step Mental Health Process at the review consultation

Question 9

Answer - True

Question 10

Answer – False, GPs can consider the two consultations separately and charge for two consultations (FPS only).

Question 11

Answer - True

Question 12

Answer – True, as long as the patients' needs go beyond their mental health concern

Familiarisation Training Self-Learning Program

Evaluation Form

Please forward this form to your local Division of General Practice so that the training can be processed.

GP Evaluation Form

Please **circle** to indicate your profession / position:

GP

Division Staff

Location of training: _____

Practice Staff

Date: / /

Other

Please circle a number from 1 to 5 to indicate your response using the scale where:

1= Strongly Disagree

5 = Strongly Agree

- a) I understand the requirements for education and training to access the 3 Step Mental Health Process.

1 2 3 4 5

- b) I am aware of where I can access information on training in mental health.

1 2 3 4 5

- c) I understand the 3 Step Mental Health Process as premised in an assessment, mental health plan and a review.

1 2 3 4 5

- d) I understand how to claim the incentive payment for the 3 Step Mental Health Process.

1 2 3 4 5

- e) I am familiar with the use of the proformas (optional) for the 3 Step Mental Health Process.

1 2 3 4 5

- f) I understand the requirement for using an outcome tool in the assessment and review of the 3 Step Mental Health Process.

1 2 3 4 5

- g) The Familiarisation Training Self Directed Program explained the 3 Step Mental Health Process effectively.

